Humana's vision plans help employees see healthier futures

At Humana, we believe in health plans that treat the whole person. We know that vision health is connected to overall wellness. That's why we offer a wide range of vision plans tailored to fit the needs of your employees. Our preventive and specialty care options can help employees discover and treat underlying health issues early.

An annual eye exam can help detect:



Why choose a Humana vision plan for your employees?

- Eye exams may **help employees detect** high blood pressure, high cholesterol or diabetes.[1]
- Employees are eager to get well-rounded health coverage, including vision. In fact, **80% of employees enrolled** in a vision plan when offered.[2]
- Looking at screens in the workplace has exacerbated eye discomfort. **70% of millennials** and **63% of Gen Xers** report eye strain.[3]

Humana®

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For more information about Humana vision plans, contact your Humana sales representative.

1 https://yoursightmatters.com/7-health-problems-eye-exams-can-detect/
2 https://www.benefitspro.com/2017/04/24/employees-see-vision-benefits-as-important-part-of/
3 https://www.cbsnews.com/news/most-americans-suffer-from-digital-eye-strain/